

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

30

Enjoy
some music

31

Create some
quiet time

1

Engage with
the Spirit

2

Alert your
senses

3

Open your eyes

4

Ponder your
goodness

5

Value the beauty
of creation

“...like a dove my eyes grow weak gazing heavenward.” Isaiah 38:14

6

Gaze
with wonder

7

Tell God your
concerns

8

Put love into
action

9

Share a story

10

Live with
confidence

11

Hope despite
concerns

12

Live joyfully

“Jesus saw the Spirit of God descending like a dove and coming down on him.” Matt. 3:16-17

13

Faith empowers
you

14

God’s grace is
constant

15

You are chosen

16

God’s love
is enduring

17

By grace we
have been saved

18

Love covers a
multitude of sin

19

Life is beautiful

“The cooing of the turtle dove is heard in our land.” Song of Solomon 2:12

20

Christ died
for all

“Come my love...for see winter has passed.” The grey landscape and the bleakness of winter days welcomes the miracle of spring. The cold has passed, birds are nesting, seeds are awakening, and color is bursting forth. Spring emerges from the heart of winter. The sacrament of life blesses us with visible signs of resurrection.

This resurrected life serves as a call for us to find those spiritual values which are so essential in shaping our lives on the pattern of Jesus who has conquered death. He has resurrected and given us the promise of eternal life.

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Franciscan Sisters of St. Joseph

